

Permanent Naturopath in Gozo, Malta

We are seeking a permanent naturopath to work full-time at Amchara's Integrated Health Retreat in the beautiful island of Gozo, Malta.

This position is for at-least seven months and can potentially be a permanent position too.

This position will require you to relocate to Gozo from the end of March.

The majority of our clients attend for the juice fasting programme supported with colonics though some who are unable to juice fast do eat our delicious raw (and sometimes cooked) nutritious food.

It is a fantastic opportunity for transformation and it is the Naturopaths role to manage the clients health experience during their stay.

Experience and Qualities Required:

The role is client facing so the strong people skills are essential. The ability to converse and connect with a wide variety of people and personalities is at the core of our work. You must be able to present talks as this is part of the educational role you will also provide.

You must have had clinical experience and a proven track record or an understanding and passion of working with clients in detoxification and fasting.

It is vitally important that you are someone who is positive about the benefits and aspects of fasting and also of colonic and enema programmes.

You will need a strong understanding of the gut, gut problems and the roles of probiotics and having an active interest in functional medicine, functional testing and new health technology is a must.

Clients who attend Amchara come with a different range of health symptoms, Type 2 Diabetes, IBS, candida, CFS/Fibromyalgia and many others so confidence in managing these conditions will be of benefit although training will be given.

Whilst on the retreat the role is a demanding one approximately 10 hours per day. It is essential that you are able to work as a team player, be an effective communicator and a self starter. Flexibility is also a must to work effectively in a retreat environment.

Retreat life can be very rewarding, especially in a new country. We are looking for someone with a positive attitude to their work who is comfortable working within a little community.

The Role Includes:

The role includes assisting clients who are detoxing or fasting, some with a variety of health challenges.

Continuous monitoring and support of each clients is required to assess if and when the programme may need adapting to support their needs.

Health screening of clients before and then on arrival and making clinical assessment of any adjustments to the program for guests as they commence the programme.

Being present at most juice servings for questions and general nutritional support.

Presenting educational nutritional and naturopathic talks that we give for our clients.

Managing daily health team meetings

Regular meetings with the manager

Regular meetings and reporting with the health director

Food intolerance and Heart Rate Variability testing

General retreat support both with admin and some of the other random jobs that go hand in hand with running a residential retreat experience.

Naturopathic Consultations providing tailored plans to help them move forward from the retreat, this includes lifestyle, emotional and nutritional advice

Please email Justin Williams – justin@amchara.com