

Acupuncture Event at CNM Bristol

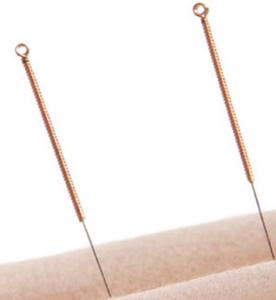
Saturday 14th April 2018 11am-2pm.

If you have an interest in Acupuncture or have ever thought about becoming an Acupuncturist, come along to this special event dedicated to the Naturopathic Acupuncture Diploma Course taught at CNM (College of Naturopathic Medicine).

Entry is free.

At the event you will:

- See a live Acupuncture demonstration, explaining the benefits of this therapy
- Find out what it's like to study Acupuncture with CNM
- Hear from current CNM Acupuncture students about their experiences
- Meet the Course Director and talk with practitioners who teach Acupuncture at CNM
- Have the opportunity to find out more about CNM's flexible study plans.



Tracey Underhill-Law, CNM's Acupuncture Course Director, says: I worked as a nurse for 15 years before deciding to train in Acupuncture, so I have a good understanding of both Western and Eastern medicine. Acupuncture enjoys respect and trust within both the natural therapy movement and in the general western medical profession.

Acupuncture is recognised as effectively treating medical conditions. National Institute for Health and Care Excellence (NICE) guidelines advocate the effectiveness of Acupuncture treatment for Headaches, Migraines, Low Back Pain, and Neck Pain.

A system of healing which originated in China around 3000 years ago, Acupuncture was introduced to this country in the 1970s and has been growing in popularity ever since.

It is believed that there are over 500 acupuncture points on the body. When these points are stimulated by an Acupuncture needle they activate the body's response. This may be to reduce pain, balance hormones, stop bleeding, clear infection or provide relief from many symptoms.



Current research has shown that the needles change brain activity, suggesting that the needles stimulate the body's natural painkillers, endorphins (similar to an opiate), which reduce pain and act as a sedative. This is probably why Acupuncture is good for promoting sleep and giving a person the feeling of wellbeing. New theory suggests that the fascia (connective tissue) provide electrical pathways, so when a needle is inserted it triggers a response through the whole pathway. So if you put a needle in the foot it can affect the whole channel up to the head via electrical impulses.

CNM's Diploma Course combines Acupuncture with Naturopathy, taking a holistic approach to health which seeks to identify and address the causes of ill health, not just deal with the symptoms. Knowledge of Naturopathy provides extra routes of enquiry and diagnostic skills for the practitioner. As Naturopaths also gain an understanding of other natural therapies, they are qualified to create personalised dietary and lifestyle plans for their clients which can only increase the effectiveness of the Acupuncture treatments.

I have been practicing Acupuncture since qualifying in 2003 and I have a very busy practice. Having subsequently qualified in Naturopathy at CNM I often use a combination of remedies for the most effective results for my clients. It makes sense to study the naturopathic aspect from the start, alongside Acupuncture.

CNM's Naturopathic Acupuncture course not only teaches all the theory and skills to

achieve effective results, it also teaches students how to build a successful, financially rewarding business.



Tracey Underhill-Law

**Attend this
FREE event**

**Saturday 14th April 2018
11am - 2pm.**

CNM Bristol, BS32 4LB

Please book online at:

www.naturopathy-uk.com

01342 410 505

CNM is the UK's leading training provider in a range of natural therapies. Colleges across the UK and Ireland.